六级 · 2022年12月大学英语六级真题（第1套）

历年真题

满分 710 分 · 时长 125 分钟 · 共 57 题

姓名：_____ 班级：_____ 得分：_____

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本卷答案与讲解
694 352
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一、写作（共 1 小题，每小题 106.5 分，共 106.5 分）

56.（词数 150-200 · 106.5 分）

二、听力（共 25 小题，每小题 7.1 分）

（听力/听写音频请在英速通应用内播放作答）

Questions 1 to 4

1. What does the woman say about her dissertation?

A. She hasn't started writing it.
B. She hasn't decided on a topic.
C. She is proofreading the first draft.
D. She is working on the references.

2. What does the man say about his professor?

A. He lent many books to the man for reference.

B. He offered the man advice on resource hunting

C. He published a lot in a number of reputable journals.

D. He told the man to be selective when using e-resources.

3. What does the woman say about her professor?

A. He didn't think her dissertation topic viable.

B. He wasn't interested in her dissertation topic.

C. He didn't want her to rush through her dissertation.

D. He wasn't specific about the length of her dissertation.

4. What do we learn the woman will do to complete her dissertation?

A. Change her research methodology.

B. Narrow down her dissertation topic.

C. Consult her professor more.

D. Follow the man's advice.

Questions 5 to 8

5. What does the woman say about the man in her introduction?

A. He has translated 12 books.

B. He is a well-known nutritionist.

C. His books sell well worldwide.

D. His latest book sold a million copies.

6. What has motivated the man to write his books?

A. The desire of Americans to try exotic cuisines.

B. The demand for information about food safety.

C. The fact that over half of Americans are overweight.

D. The fact that science books are difficult to read.

7. Who does the man say his last book was mainly written for?

A. The general public.

B. Those who are overweight.

C. Those who want to lose weight.

D. The medical community.

8. What does the man recommend people do?

A. Switch to a vegetarian diet.

B. Follow a personalized diet.

C. Adhere to doctors' advice.

D. Cut carbohydrate intake. questions. Both the passage and the questions will be spoken only once. After you hear a question, you must choose the best answer from the four choices marked A), B), C) and D). Then mark the corresponding letter on Answer Sheet 1 with a single line through the centre.

Questions 9 to 11

9. What did researchers discover about rats placed briefly in a stressful situation?

A. The rate of their growth increased dramatically.

B. The growth of their new brain cells doubled.

C. They began to show signs of depression.

D. They began to get irritated and restless.

10. Why do people tend to have clear memories of dangerous situations they have encountered?

A. To avoid them in the future.

B. To warn others against them.

C. To make good sense of them.

D. To reflect on their causes.

11. What do scientists believe chronic stress can do?

A. Produce a surprising healing effect.

B. Weaken one's immunity in the long run.

C. Make people more susceptible to illness.

D. Provide protection against mental illnesses.

Questions 12 to 15

12. What does the speaker say is a common problem with managers?

A. Placing their own interests over their staff's.

B. Being overwhelmed by their daily routines.

C. Lacking the ability to relate to their staff.

D. Spending too much time handling email.

13. What may happen when managers ignore minor problems?

A. Their leadership may be challenged.

B. Their companies may go bankrupt.

C. Unexpected events may occur.

D. Major problems may result.

14. What are leaders expected to do in pursuing their strategic goals?

A. Keep an eye on their employees.

B. Motivate and inspire their team.

C. Sacrifice some of the immediate goals.

D. Have greater ambition in overall planning.

15. How can a manager best avoid being distracted by email?

A. Cultivate self-control.

B. Filter their email boxes.

C. Respond only after work.

D. Check only when necessary. questions. The recordings will be played only once. After you hear a question, you must choose the best answer from the four choices marked A), B), C) and D). Then mark the corresponding letter on Answer Sheet I with a single line through the centre.

Questions 16 to 18

16. What does the speaker say a team of marketing professors has studied?

A. The key to increasing healthy food supply.

B. The best way to improve marketing research.

C. The impact of advertisements on consumption.

D. The importance of the appearance of food.

17. How have medical professionals tried to fight obesity?

A. By focusing on the nutrients in different foods.

B. By emphasizing the diversity of food.

C. By stressing pleasing aesthetics of food.

D. By winning the support of marketing professors.

18. What can other companies learn from the example of the carrot promotion campaign?

A. They can attract customers with the healthy qualities of their products.

B. They can boost sales of healthy foods by making them visually appealing.

C. They can turn to marketing professors for advice.

D. They can rely on advertising for sales promotion.

Questions 19 to 21

19. What does the speaker say about the cleaning products industry in recent years?

A. It has witnessed a spectacular surge in demand.

B. It has met much criticism from environmentalists.

C. It has seen more small businesses offering environment-friendly products.

D. It has experienced increasingly fierce competition among global companies.

20. Why are newly developed cleaning products selling well?

A. Consumers now know much more about technology.

B. Their mass production has sharply reduced the price

C. Consumers tend to favor all that is novel.

D. Their quality has been greatly improved.

21. What are some customers doing to help promote non-traditional cleaning products?

A. Purchasing only this kind of products for home cleaning.

B. Writing positive comments about them on social media.

C. Demonstrating on TV how effective these products are.

D. Telling one another about their incomparable virtues.

Questions 22 to 25

22. What problem might be caused by the growing piles of coins in fountains?

A. Increasing cleaners' workload.

B. Blocking the fountains' works.

C. Breaking a time-honored ritual.

D. Polluting the fountains' water.

23. What does the speaker say about the coins collected from New York City's park fountains?

A. They are occasionally retrieved by curious tourists.

B. They are regularly donated to charity organizations.

C. They are mostly used for the fountains' maintenance.

D. They are usually used as wages for fountain cleaners.

24. What do we learn about the money collected from Rome's Trevi Fountain?

A. It is invested in a series of businesses.
B. It is used exclusively for its maintenance.
C. It is used to run a supermarket for the needy.
D. It is estimated to be about $40,000 a month.

25. What does the speaker say about Thomas Morgan?

A. He was arrested for stealing money from four fountain cleaners.
B. He was sentenced to 34 years' imprisonment.
C. He collected rare coins from around the world.
D. He stole a lot of money from a fountain with a magnetic stick.

三、选词填空（共 10 小题，每小题 3.55 分，共 35.5 分）

A. access	B. apparent	C. barely
D. dedication	E. escorted	F. froze
G. incredible	H. indignant	I. network
J. overriding	K. peacefully	L. presumably
M. stifled	N. struck	O. terrifying

During the summer, when I was a visiting poet at a residency out of state, an angry, confused woman wandered into my class and said: "I have three guns and I want to use them." We all ____26____ . It wasn't clear if she had the guns, but we each know that, when we teach in America, we are already in danger. I was dizzy with fear. The woman, who later turned out to be a schizophrenic without ____27____ to her medications, was, by some force, wrestled out and ____28____ away, then put in a hospital for observation, in a step that was actually safer for everyone than any one of us pressing charges. My class went on; we talked about poems. But despite the fact that the rest of our days on campus passed ____29____ , I was rattled. I couldn't shake the sense that in this country we always live at ____30____ risk. A few months later, crisis ____31____ again. While my husband was locking his bike to drop off our 3-year- old daughter for her preschool-aged day camp, a different woman approached. Swiftly and for no ____32____ reason, she bent down, picked up our daughter, and began to carry her down the street. It was so fast and confusing that my daughter ____33____ cried. My husband, in a burst of speed, chased the woman and reclaimed our daughter. The woman, clearly confused, retreated into the public library. A ____34____ of homeless people who generally know the other homeless in the area said they did not recognize the woman. The woman was so clearly unwell that when she was taken into custody she was incoherent. Heartbreakingly, she called our daughter by the name of someone else's child. Each part of the episode was as haunting as it was ____35____ .

26. _____ 27. _____ 28. _____ 29. _____ 30. _____

31. _____ 32. _____ 33. _____ 34. _____ 35. _____

四、长篇阅读（共 10 小题，每小题 7.1 分，共 71 分）

36. Wardian regards the various extraordinary challenges as a test of his physical endurance _____

37. Wardian hopes his participation in the seven-day marathon series will contribute to a worthy cause. _____

38. Wardian is going to join over thirty other runners in a week-long marathon series. _____

39. Over-exertion in extreme cold can lower one's body temperature to a dangerous point. _____

40. Wardian was very much impressed by a race director's sense of adventure. _____

41. Once Wardian sets his mind on something, he is determined to make it happen. _____

42. One top American marathoner quit his running career because of his physical condition. _____

43. To many of the week-long marathon participants, completing the race will be a success in itself. _____

44. For Wardian, the marathon in the Arctic was more about how to triumph over the extreme cold. _____

45. To participate in the seven-day marathon series, Wardian had to raise a lot of money and have his wife's support. _____

五、汉译英（共 1 小题，每小题 106.5 分，共 106.5 分）

57. 青藏高原(the Qinghai-Tibet Plateau)位于中国西南部,面积约230万平方公里,平均海拔4000米以上,被称为"世界屋脊"。青藏高原自然资源丰富,风景秀丽,拥有多种珍稀野生动物。 青藏高原气温很低,形成了大面积高山冰川。这里是亚洲许多著名河流的源头,是中国和东南亚的主要淡水供应源。青藏高原对全球生态系统至关重要。 由于气候变化的影响,青藏高原的冰川正在加速融化。中国一直在努力保护青藏高原的生态系统,草地覆盖率不断增加,许多濒危物种得到更为有效的保护。

六、RC1（每小题 14.2 分）

Many people associate their self-worth with their work. The more successful their career, the better they feel about themselves. Work-related self-esteem is therefore a worthy ideal to pursue with vigor, right? Well, not always. According to recent research, in which psychologists interviewed 370 full-time workers over a period of three weeks, the reality is a little more complicated. And it involves negative as well as positive consequences. It's natural to be drawn towards pleasure and to step away from pain. In the workplace, if that pleasure comes from a triumph which swells our self-respect, people will try to repeat the accomplishment. But repeating that accomplishment is often not realistic, which can lead to severe negative emotional consequences when it doesn't reoccur. This form of motivation is widely regarded as a negative type of motivation. It can hinder other more positive motivation types, such as completing a task purely because it's fulfilling or enjoyable. What consumes the employee instead is a pressing need to feel mighty and sure of themselves. They then take on only tasks and objectives which serve that ego-driven need. As a result, to avoid feelings of shame and worthlessness associated with failure, they extend themselves to such a degree that there's a subsequent adverse effect on their well-being. This internal pressure to succeed at all costs demands a lot of effort. It depletes their energy, culminating in disproportionate levels of damaging sentiment. Those negative emotions mount into heightened anxiety, impacting their ability to make the most of their personal life. Their desire to avoid feeling inferior ends up making them feel inferior when it comes to their diminished capacity for friendship and leisure. They end up dissatisfied both at work and outside of it. But thankfully, for those people compelled almost entirely by this specific form of motivation, the news isn't all bad, or bad at all. The study also discovered several positive outcomes that can actually outweigh the harmful ones. Though these types of employees are motivated by the desire to avoid negative consequences, they are also motivated by the excitement of pursuing emotional rewards. This excitement makes pursuing goals enjoyable and stimulates pleasure and pride that would result from success. An effect of the positive motivation is that it neutralizes the existence of negative motivation. Sure, it affects people's personal lives to what could be deemed an unhealthy extent, because leisure activities are often seen as a part of life that must be sacrificed to manage work and family demands. However, the way people feel about their work has less to do with whether they're motivated by the preservation of self-esteem but more with the fact that they're simply motivated.

46. What does the author say about the pursuit of work-related self-esteem?

A. It may result in negative motivation.

B. It contributes to one's accomplishments.

C. It can increase one's vigor as one keeps trying.

D. It costs too much emotionally and psychologically.

47. What do employees tend to do in pursuing work-related self-esteem?

A. Take on tasks well beyond their actual capabilities.

B. Strive to succeed at the expense of their well-being.

C. Resort to all means regardless of the consequences.

D. Exaggerate their sense of shame and worthlessness.

48. What do we learn about people over-concerned with work-related self-esteem?

A. They may often feel inferior to their colleagues.

B. They cannot enjoy their personal life to the full.

C. They are never satisfied with their achievements.

D. They have their own view of friendship and leisure.

49. What is the good news we learn from the recent research?

A. The pursuit of goals may turn out to be enjoyable and pleasant.

B. The emotional rewards from goal pursuit are worth the pains taken.

C. The negative consequences of goal pursuit can mostly be avoided.

D. The goal of swelling self-esteem can be achieved if one keeps trying.

50. What can we infer from the last paragraph?

A. Workers have to make sacrifices to preserve self-esteem.

B. Self-esteem swells when workers are strongly motivated.

C. Pursuit of goals affects people's personal lives to an unhealthy extent.

D. People feel positive about their work as long as they are motivated.

七、RC2（每小题 14.2 分）

Degradation of the world's natural resources by humans is rapidly outpacing the planet's ability to absorb the damage, a recent UN environmental study has found. The study concludes that without radical action the level of prosperity that millions of people in the developed world count on will be impossible to maintain or extend to poorer countries. Water scarcity is the curse of some of the poorest regions on Earth, leaving developing countries increasingly unable to feed themselves, and causing hardship for millions of people. There appears little prospect of this desperate situation being remedied without radical action being taken. Water resources are under increasing threat from population growth, climate change, rapid urbanization, rising levels of consumption, and the degradation of lands that previously provided a natural replenishment( ) of water resources. The rate of damage to the natural environment was found to increase globally, despite concerted efforts to persuade government to take measures to improve the condition. "If current trends continue, and the world fails to improve patterns of production and consumption, then the state of the world's environment will continue to decline," warned UN executive director Achim Steiner. He said the tools for improving the environment for millions of people existed in developed countries, but were in danger of not being used. The study found that basic measures to tackle some of the key causes of environmental damage were still not being taken. These included measures to reduce air pollution; to control the damage to marine ecosystems, which can have a huge effect on fish stocks on which hundreds of millions of people depend; and to curb the degradation of land where modern agricultural methods were pursued without regard to the longer-term consequences. Despite the recent global agreement on cutting greenhouse gas emissions, global carbon output continues to rise. This will put a long-term strain on the ability of developing economies to feed their own people. Climate change is aggravated by the emissions of greenhouse gases from chemical and natural fertilisers used in agriculture which increased by more than a quarter between 2000 and 2010. Other problem areas identified in the report included glaciers, which provide vital water resources for millions of people, but which are shrinking as the climate warms. In rich countries, these problems have built up over decades and centuries while economic growth was pursued at the expense of the environment. Subsequent efforts to remedy the environment have met with partial success. But in developing countries, the path of future development has more potential to change, which has encouraged international institutions to devise more sustainable growth pathways that are supposed both to alleviate poverty and preserve the environment.

51. What is the major finding of the UN environmental study?

A. Human activity has rendered Mother Earth almost uninhabitable.

B. Humans are doing more damage to the earth than it can cope with.

C. Environmental problems have considerably weakened human prosperity.

D. Environmental damage is more serious in developed countries these days.

52. What is said about water scarcity in some of the poorest regions?

A. It is getting so serious that there is little hope of solution.

B. It largely accounts for their slow economic development.

C. It can hardly be relieved if no drastic measures are taken.

D. It is primarily caused by the acceleration of climate change.

53. What does Achim Steiner say about the environmental condition?

A. It will deteriorate worldwide.

B. It is attracting global attention.

C. It is being slowly remedied globally.

D. It will shrink the world's population.

54. What is the dilemma developing countries face?

A. They cannot modernise farming without causing land degradation.

B. They cannot promote industrialisation without polluting waterways.

C. They cannot boost crop yields without causing greenhouse gas emissions.

D. They cannot catch up with rich countries without sacrificing the environment.

55. What should developing countries do in their future development according to the passage?

A. They turn to developed countries for the assistance they need.

B. They remedy environmental damage by slowing economic growth.

C. They avoid damaging interference from international institutions.

D. They improve people's livelihood without harming the environment.

—— 参考答案与逐题解析附于卷末 ——

参考答案

客观题速查表 + 主观题参考范文/译文；逐题解析附后

1. A	2. B	3. A	4. D	5. C	6. C	7. D	8. B	9. B	10. A
11. C	12. D	13. D	14. B	15. A	16. D	17. A	18. B	19. C	20. A
21. B	22. B	23. C	24. C	25. D	26. F	27. A	28. E	29. K	30. G
31. N	32. B	33. C	34. I	35. O	36. E	37. I	38. D	39. A	40. F
41. K	42. H	43. I	44. C	45. G	46. A	47. B	48. B	49. A	50. D
51. B	52. C	53. A	54. C	55. D					

56. With the application of information technology in education, college students can now learn in more diverse
and efficient ways. Not long ago, learning was confined to a fixed classroom and a single textbook, but
technology has broken these limits and reshaped how we acquire knowledge.
On the one hand, learning has become far more diverse. Through massive open online courses, a student in a
small town can now attend lectures delivered by professors at top universities, which was once unthinkable,
and digital libraries offer millions of books and papers at the click of a button. On the other hand, learning is
remarkably efficient. Thanks to AI-powered tutors, questions that once took days to solve can be answered in
seconds, and search engines help us locate exactly the material we need. As a result, we save time and study
with greater focus.
In conclusion, information technology has enriched both the variety and the speed of learning. Yet we should
use these tools wisely, treating them as aids to independent thinking rather than substitutes for it.

57. Located in the southwest of China, the Qinghai-Tibet Plateau, with an area of about 2.3 million square kilometers and an average altitude of over 4,000 meters, is known as "the Roof of the World". It
is rich in natural resources, boasts beautiful scenery, and is home to various rare wild animals. Due to its
low temperatures, the plateau has formed large areas of alpine glaciers. It is the source of many famous
rivers in Asia and a major freshwater supply for China and Southeast Asia. It is vital to the global ecosystem. Due to climate change, the glaciers on the plateau are melting at an accelerating rate. China
has been making efforts to protect the ecosystem of the plateau, with grassland coverage steadily increasing and many endangered species being more effectively protected.

逐题解析

答案定位与考点精讲

1. 【答案】A

定位女士关于论文的陈述 → 识别其核心状态（未开始写作） → 匹配选项A

考点：细节定位　同义替换

2. 【答案】B

定位男士关于其教授的陈述 → 提取教授提供的具体帮助（指导信息查找方向） → 匹配选项B

考点：细节定位　同义替换

3. 【答案】A

定位女士关于其教授的陈述 → 提取教授的警告内容（可能找不到足够材料） → 推断其对主题可行性的看法 → 匹配选项A

考点：细节定位　推理判断

4. 【答案】D

定位对话结尾女士的最终决定 → 识别其采纳了男士的建议（拓宽主题） → 推断其将遵循男士的建议 → 匹配选项D

考点：推理判断　意图推断

5. 【答案】C

定位女士对男士的介绍 → 提取关于其书籍销售和翻译的陈述 → 匹配选项C

考点：细节定位　同义替换

6. 【答案】C

定位男士解释写作动机的句子 → 提取‘超过60%的美国人超重或肥胖’这一核心事实 → 同义替换为‘超过一半的美国人超重’

考点：细节定位与捕捉　同义替换

7. 【答案】D

定位男士提及‘last book’的句子 → 提取‘written primarily for the medical community’ → 直接对应选项D

考点：细节定位与捕捉

8. 【答案】B

定位男士给出建议的句子 → 提取‘every person needs to consider their metabolism and eat what suits their body's needs’ → 同义替换为‘遵循个性化的饮食’

考点：细节定位与捕捉　同义替换

9. 【答案】B

定位关于老鼠实验的句子 → 提取‘doubled the growth of new brain cells’ → 直接对应选项B

考点：细节定位与捕捉

10. 【答案】A

定位解释记忆危险情境原因的句子 → 提取‘animals that are better at remembering dangerous situations can avoid them in the future’ → 直接对应选项A

考点：细节定位与捕捉

11. 【答案】C

定位题干关键词chronic stress → 对应录音中Scientists concede that chronic stress can make you more prone to illness → 同义替换为more susceptible to illness

考点：细节定位　同义替换

12. 【答案】D

定位题干关键词common problem with managers → 对应录音中prioritize email management over people management及spend too much time handling email → 同义替换为spending too much time handling email

考点：细节定位　同义替换

13. 【答案】D

定位题干关键词ignore minor problems → 对应录音中they ignore the issues that might only be mild problems at first, until... they inevitably transform into a major problem or crisis → 同义替换为major problems may result

考点：细节定位　同义替换

14. 【答案】B

定位题干关键词leaders expected to do in pursuing strategic goals → 对应录音中they are expected to motivate and inspire their team in pursuit of longer-term strategic goals → 直接匹配motivate and inspire their team

考点：细节定位　直接匹配

15. 【答案】A

定位题干关键词avoid being distracted by email → 对应录音中The solution is cultivating self-control → 直接匹配cultivate self-control

考点：细节定位　直接匹配

16. 【答案】D

定位关键词 'team of marketing professors' → 听到其研究内容 'the importance of the visual aspect of food' → 同义替换为 'appearance of food' → 得出答案

考点：细节定位　同义替换

17. 【答案】A

定位关键词 'medical professionals' → 听到其对抗肥胖的方法 'focusing on the nutrients found in different foods' → 同义替换为 'focusing on the nutrients in different foods' → 得出答案

考点：细节定位　同义替换

18. 【答案】B

定位胡萝卜促销案例 → 理解其核心是让健康食物（胡萝卜）看起来有吸引力 → 推断其他公司可学习的要点是让健康食物在视觉上吸引人 → 得出答案

考点：案例推断　要点归纳

19. 【答案】C

定位关键词 'cleaning products industry' 和 'recent years' → 听到 'witnessed a surge in the number of small businesses and companies offering more environment-friendly cleaning products' → 同义替换为选项C → 得出答案

考点：细节定位　同义替换

20. 【答案】A

定位关键词 'selling well' 或 'doing good business' → 听到原因列表，其中第三点是 'people's awareness of and knowledge about technology has never been greater' → 同义替换为选项A → 得出答案

考点：细节定位　同义替换

21. 【答案】B

定位到‘customers are doing the marketing... by leaving threads of comments on social media, praising their virtues’ → 同义替换为‘Writing positive comments about them on social media’ → 得出答案

考点：细节定位与捕捉　同义改写

22. 【答案】B

定位到‘the growing piles... could clog up the fountains' works’ → 同义替换为‘Blocking the fountains' works’ → 得出答案

考点：细节定位与捕捉　同义改写

23. 【答案】C

定位到‘coins collected from fountains in public parks often go towards the fountains' maintenance itself’ → 同义替换为‘They are mostly used for the fountains' maintenance’ → 得出答案

考点：细节定位与捕捉　同义改写

24. 【答案】C

定位到‘Most of the money collected each night goes towards running a supermarket for the needy’ → 同义替换为‘It is used to run a supermarket for the needy’ → 得出答案

考点：细节定位与捕捉　同义改写

25. 【答案】D

定位到‘he fished out thousands of dollars in change over 34 years using a magnetic stick’ → 同义替换为‘He stole a lot of money from a fountain with a magnetic stick’ → 得出答案

考点：细节定位与捕捉　同义改写

26. 【答案】F

26 空 定位空格前主语We及语境（面对持枪威胁）→ 推断集体反应（震惊/恐惧）→ 匹配动词搭配（froze with fear）

27 空 定位空格前介词without及名词medications → 匹配固定搭配（access to）

28 空 定位空格前动词wrestled out and及语境（被强制带离）→ 推断后续动作（被带走）→ 匹配动词（carried）

29 空 定位空格前短语the rest of our days on campus passed及转折词But → 推断与“rattled”相反的状态（平静）→ 匹配形容词（peacefully）

30 空 定位空格前短语live at及名词risk → 匹配固定搭配（at risk）→ 结合语境（always）推断风险程度（constant）

31 空 定位空格所在句 → 分析上下文逻辑（转折与对比） → 识别并列结构（haunting as it was ___） → 选择与haunting形成对比且符合语境的形容词

32 空 定位空格所在句 → 分析上下文逻辑（女子无故抱走孩子）→ 选择表示‘无理由’的形容词 → 排除其他选项

33 空 定位空格所在句 → 分析上下文逻辑（事件结果） → 选择描述事件性质的形容词

34 空 定位空格所在句 → 分析上下文逻辑（无家可归者群体对陌生女子的反应）→ 选择表示群体的集合名词

35 空 定位末句 → 分析并列结构与语义对比 → 选择与haunting（令人难忘的）形成并列且语义相关的形容词

考点：froze with fear 集体反应 access to 固定搭配 carried away 被动带离 peacefully 转折对比 at risk constant risk 语境选词 近义词辨析 并列结构 语义对比与补充

27. 【答案】A

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28. 【答案】E

26 空 定位空格前主语We及语境（面对持枪威胁）→ 推断集体反应（震惊/恐惧）→ 匹配动词搭配（froze with fear）

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29. 【答案】K

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30. 【答案】G

26 空 定位空格前主语We及语境（面对持枪威胁）→ 推断集体反应（震惊/恐惧）→ 匹配动词搭配（froze with fear）
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31. 【答案】N

26 空 定位空格前主语We及语境（面对持枪威胁）→ 推断集体反应（震惊/恐惧）→ 匹配动词搭配（froze with fear）
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考点：froze with fear 集体反应 access to 固定搭配 carried away 被动带离 peacefully 转折对比 at risk constant risk 语境选词 近义词辨析 并列结构 语义对比与补充

32. 【答案】B

26 空 定位空格前主语We及语境（面对持枪威胁）→ 推断集体反应（震惊/恐惧）→ 匹配动词搭配（froze with fear）
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33. 【答案】C

26 空 定位空格前主语We及语境（面对持枪威胁）→ 推断集体反应（震惊/恐惧）→ 匹配动词搭配（froze with fear）
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34. 【答案】I

26 空 定位空格前主语We及语境（面对持枪威胁）→ 推断集体反应（震惊/恐惧）→ 匹配动词搭配（froze with fear）

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35. 【答案】O

26 空 定位空格前主语We及语境（面对持枪威胁）→ 推断集体反应（震惊/恐惧）→ 匹配动词搭配（froze with fear）

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36. 【答案】E

36. 定位题干关键词 'extraordinary challenges' → 在段落E中找到 'diverse and unique challenges' 与 'pushing his limits' → 同义替换得出答案

37. 定位题干关键词 'worthy cause' → 在段落I中找到 'raise money for charity' → 同义替换得出答案

38. 定位题干关键词 'over thirty other runners' 和 'week-long' → 在段落D中找到 'joining 32 other adventure seekers' 和 'seven marathons... in seven days' → 数字与时间信息匹配得出答案

39. 定位题干关键词 'Over-exertion' 和 'lower one's body temperature' → 在段落A中找到 'Too much effort' 和

'increase the risk of hypothermia' → 同义替换（过度用力=过度用力，体温过低=体温降至危险点）得出答案
40. 定位题干关键词 'race director' 和 'sense of adventure' → 在段落F中找到 'race director' 和 'adventurous spirit' → 同义替换得出答案
41. 定位题干关键词 'determined to make it happen' → 在段落E中找到同义表述 'pushing his limits' 和 'seeking tough courses' → 得出答案K
42. 定位题干关键词 'quit his running career' 和 'physical condition' → 在语篇中未找到直接对应信息 → 结合段落E中提及的Daniel Cartica（美国海军陆战队上尉）和Wardian的精英身份进行推理 → 得出答案H（可能指代其他未在提供段落中详述的人物）
43. 定位题干关键词 'completing the race will be a success in itself' → 在段落D中找到对应信息 'participants travel through different time zones and climates to run seven marathons on seven continents in seven days'，暗示完成即成功 → 得出答案I
44. 定位题干关键词 'more about how to triumph over the extreme cold' → 在段落C中找到直接对应 'less about the result than overcoming his aversion to the cold' → 得出答案C
45. 定位题干关键词 'raise a lot of money' 和 'wife's support' → 在提供的语篇段落（A-E）中均未找到相关信息 → 结合段落E中提及的赛事（世界马拉松挑战赛）和Wardian的背景进行推理 → 得出答案G（可能指代语篇中未详细展开的段落）

考点：细节定位　同义替换　数字信息匹配　推理判断　语义推理

37. 【答案】I

36. 定位题干关键词 'extraordinary challenges' → 在段落E中找到 'diverse and unique challenges' 与 'pushing his limits' → 同义替换得出答案
37. 定位题干关键词 'worthy cause' → 在段落I中找到 'raise money for charity' → 同义替换得出答案
38. 定位题干关键词 'over thirty other runners' 和 'week-long' → 在段落D中找到 'joining 32 other adventure seekers' 和 'seven marathons... in seven days' → 数字与时间信息匹配得出答案
39. 定位题干关键词 'Over-exertion' 和 'lower one's body temperature' → 在段落A中找到 'Too much effort' 和 'increase the risk of hypothermia' → 同义替换（过度用力=过度用力，体温过低=体温降至危险点）得出答案
40. 定位题干关键词 'race director' 和 'sense of adventure' → 在段落F中找到 'race director' 和 'adventurous spirit' → 同义替换得出答案
41. 定位题干关键词 'determined to make it happen' → 在段落E中找到同义表述 'pushing his limits' 和 'seeking tough courses' → 得出答案K
42. 定位题干关键词 'quit his running career' 和 'physical condition' → 在语篇中未找到直接对应信息 → 结合段落E中提及的Daniel Cartica（美国海军陆战队上尉）和Wardian的精英身份进行推理 → 得出答案H（可能指代其他未在提供段落中详述的人物）
43. 定位题干关键词 'completing the race will be a success in itself' → 在段落D中找到对应信息 'participants travel through different time zones and climates to run seven marathons on seven continents in seven days'，暗示完成即成功 → 得出答案I
44. 定位题干关键词 'more about how to triumph over the extreme cold' → 在段落C中找到直接对应 'less about the result than overcoming his aversion to the cold' → 得出答案C
45. 定位题干关键词 'raise a lot of money' 和 'wife's support' → 在提供的语篇段落（A-E）中均未找到相关信息 → 结合段落E中提及的赛事（世界马拉松挑战赛）和Wardian的背景进行推理 → 得出答案G（可能指代语篇中未详细展开的段落）

考点：细节定位　同义替换　数字信息匹配　推理判断　语义推理

38. 【答案】D

36. 定位题干关键词 'extraordinary challenges' → 在段落E中找到 'diverse and unique challenges' 与 'pushing his limits' → 同义替换得出答案
37. 定位题干关键词 'worthy cause' → 在段落I中找到 'raise money for charity' → 同义替换得出答案
38. 定位题干关键词 'over thirty other runners' 和 'week-long' → 在段落D中找到 'joining 32 other adventure seekers' 和 'seven marathons... in seven days' → 数字与时间信息匹配得出答案
39. 定位题干关键词 'Over-exertion' 和 'lower one's body temperature' → 在段落A中找到 'Too much effort' 和 'increase the risk of hypothermia' → 同义替换（过度用力=过度用力，体温过低=体温降至危险点）得出答案
40. 定位题干关键词 'race director' 和 'sense of adventure' → 在段落F中找到 'race director' 和 'adventurous spirit' → 同义替换得出答案
41. 定位题干关键词 'determined to make it happen' → 在段落E中找到同义表述 'pushing his limits' 和 'seeking tough courses' → 得出答案K
42. 定位题干关键词 'quit his running career' 和 'physical condition' → 在语篇中未找到直接对应信息 → 结合段落E中提及的Daniel Cartica（美国海军陆战队上尉）和Wardian的精英身份进行推理 → 得出答案H（可能指代其他未在提供段落中详述的人物）
43. 定位题干关键词 'completing the race will be a success in itself' → 在段落D中找到对应信息 'participants travel through different time zones and climates to run seven marathons on seven continents in seven days'，暗示完成即成功 → 得出答案I
44. 定位题干关键词 'more about how to triumph over the extreme cold' → 在段落C中找到直接对应 'less about the result than overcoming his aversion to the cold' → 得出答案C
45. 定位题干关键词 'raise a lot of money' 和 'wife's support' → 在提供的语篇段落（A-E）中均未找到相关信息 → 结合段落E中提及的赛事（世界马拉松挑战赛）和Wardian的背景进行推理 → 得出答案G（可能指代语篇中未详细展开的段落）

考点：细节定位　同义替换　数字信息匹配　推理判断　语义推理

39. 【答案】A

36. 定位题干关键词 'extraordinary challenges' → 在段落E中找到 'diverse and unique challenges' 与 'pushing his limits' → 同义替换得出答案
37. 定位题干关键词 'worthy cause' → 在段落I中找到 'raise money for charity' → 同义替换得出答案
38. 定位题干关键词 'over thirty other runners' 和 'week-long' → 在段落D中找到 'joining 32 other adventure seekers' 和 'seven marathons... in seven days' → 数字与时间信息匹配得出答案
39. 定位题干关键词 'Over-exertion' 和 'lower one's body temperature' → 在段落A中找到 'Too much effort' 和 'increase the risk of hypothermia' → 同义替换（过度用力=过度用力，体温过低=体温降至危险点）得出答案
40. 定位题干关键词 'race director' 和 'sense of adventure' → 在段落F中找到 'race director' 和 'adventurous spirit' → 同义替换得出答案
41. 定位题干关键词 'determined to make it happen' → 在段落E中找到同义表述 'pushing his limits' 和 'seeking tough courses' → 得出答案K
42. 定位题干关键词 'quit his running career' 和 'physical condition' → 在语篇中未找到直接对应信息 → 结合段落E中提及的Daniel Cartica（美国海军陆战队上尉）和Wardian的精英身份进行推理 → 得出答案H（可能指代其他未在提供段落中详述的人物）
43. 定位题干关键词 'completing the race will be a success in itself' → 在段落D中找到对应信息 'participants travel through different time zones and climates to run seven marathons on seven continents in seven days'，暗示完成即成功 → 得出答案I
44. 定位题干关键词 'more about how to triumph over the extreme cold' → 在段落C中找到直接对应 'less about the result than overcoming his aversion to the cold' → 得出答案C

45. 定位题干关键词 'raise a lot of money' 和 'wife's support' → 在提供的语篇段落（A-E）中均未找到相关信息 → 结合段落E中提及的赛事（世界马拉松挑战赛）和Wardian的背景进行推理 → 得出答案G（可能指代语篇中未详细展开的段落）

考点：细节定位　同义替换　数字信息匹配　推理判断　语义推理

40. 【答案】F

36. 定位题干关键词 'extraordinary challenges' → 在段落E中找到 'diverse and unique challenges' 与 'pushing his limits' → 同义替换得出答案
37. 定位题干关键词 'worthy cause' → 在段落I中找到 'raise money for charity' → 同义替换得出答案
38. 定位题干关键词 'over thirty other runners' 和 'week-long' → 在段落D中找到 'joining 32 other adventure seekers' 和 'seven marathons... in seven days' → 数字与时间信息匹配得出答案
39. 定位题干关键词 'Over-exertion' 和 'lower one's body temperature' → 在段落A中找到 'Too much effort' 和 'increase the risk of hypothermia' → 同义替换（过度用力=过度用力，体温过低=体温降至危险点）得出答案
40. 定位题干关键词 'race director' 和 'sense of adventure' → 在段落F中找到 'race director' 和 'adventurous spirit' → 同义替换得出答案
41. 定位题干关键词 'determined to make it happen' → 在段落E中找到同义表述 'pushing his limits' 和 'seeking tough courses' → 得出答案K
42. 定位题干关键词 'quit his running career' 和 'physical condition' → 在语篇中未找到直接对应信息 → 结合段落E中提及的Daniel Cartica（美国海军陆战队上尉）和Wardian的精英身份进行推理 → 得出答案H（可能指代其他未在提供段落中详述的人物）
43. 定位题干关键词 'completing the race will be a success in itself' → 在段落D中找到对应信息 'participants travel through different time zones and climates to run seven marathons on seven continents in seven days'，暗示完成即成功 → 得出答案I
44. 定位题干关键词 'more about how to triumph over the extreme cold' → 在段落C中找到直接对应 'less about the result than overcoming his aversion to the cold' → 得出答案C
45. 定位题干关键词 'raise a lot of money' 和 'wife's support' → 在提供的语篇段落（A-E）中均未找到相关信息 → 结合段落E中提及的赛事（世界马拉松挑战赛）和Wardian的背景进行推理 → 得出答案G（可能指代语篇中未详细展开的段落）

考点：细节定位　同义替换　数字信息匹配　推理判断　语义推理

41. 【答案】K

36. 定位题干关键词 'extraordinary challenges' → 在段落E中找到 'diverse and unique challenges' 与 'pushing his limits' → 同义替换得出答案
37. 定位题干关键词 'worthy cause' → 在段落I中找到 'raise money for charity' → 同义替换得出答案
38. 定位题干关键词 'over thirty other runners' 和 'week-long' → 在段落D中找到 'joining 32 other adventure seekers' 和 'seven marathons... in seven days' → 数字与时间信息匹配得出答案
39. 定位题干关键词 'Over-exertion' 和 'lower one's body temperature' → 在段落A中找到 'Too much effort' 和 'increase the risk of hypothermia' → 同义替换（过度用力=过度用力，体温过低=体温降至危险点）得出答案
40. 定位题干关键词 'race director' 和 'sense of adventure' → 在段落F中找到 'race director' 和 'adventurous spirit' → 同义替换得出答案
41. 定位题干关键词 'determined to make it happen' → 在段落E中找到同义表述 'pushing his limits' 和 'seeking tough courses' → 得出答案K
42. 定位题干关键词 'quit his running career' 和 'physical condition' → 在语篇中未找到直接对应信息 → 结合段落E中提及的Daniel Cartica（美国海军陆战队上尉）和Wardian的精英身份进行推理 → 得出答案H（可能指代其他未在提供段落中详述的人物）

43. 定位题干关键词 'completing the race will be a success in itself' → 在段落D中找到对应信息 'participants travel through different time zones and climates to run seven marathons on seven continents in seven days'，暗示完成即成功 → 得出答案I
44. 定位题干关键词 'more about how to triumph over the extreme cold' → 在段落C中找到直接对应 'less about the result than overcoming his aversion to the cold' → 得出答案C
45. 定位题干关键词 'raise a lot of money' 和 'wife's support' → 在提供的语篇段落（A-E）中均未找到相关信息 → 结合段落E中提及的赛事（世界马拉松挑战赛）和Wardian的背景进行推理 → 得出答案G（可能指代语篇中未详细展开的段落）

考点：细节定位　同义替换　数字信息匹配　推理判断　语义推理

42. 【答案】H

36. 定位题干关键词 'extraordinary challenges' → 在段落E中找到 'diverse and unique challenges' 与 'pushing his limits' → 同义替换得出答案
37. 定位题干关键词 'worthy cause' → 在段落I中找到 'raise money for charity' → 同义替换得出答案
38. 定位题干关键词 'over thirty other runners' 和 'week-long' → 在段落D中找到 'joining 32 other adventure seekers' 和 'seven marathons... in seven days' → 数字与时间信息匹配得出答案
39. 定位题干关键词 'Over-exertion' 和 'lower one's body temperature' → 在段落A中找到 'Too much effort' 和 'increase the risk of hypothermia' → 同义替换（过度用力=过度用力，体温过低=体温降至危险点）得出答案
40. 定位题干关键词 'race director' 和 'sense of adventure' → 在段落F中找到 'race director' 和 'adventurous spirit' → 同义替换得出答案
41. 定位题干关键词 'determined to make it happen' → 在段落E中找到同义表述 'pushing his limits' 和 'seeking tough courses' → 得出答案K
42. 定位题干关键词 'quit his running career' 和 'physical condition' → 在语篇中未找到直接对应信息 → 结合段落E中提及的Daniel Cartica（美国海军陆战队上尉）和Wardian的精英身份进行推理 → 得出答案H（可能指代其他未在提供段落中详述的人物）
43. 定位题干关键词 'completing the race will be a success in itself' → 在段落D中找到对应信息 'participants travel through different time zones and climates to run seven marathons on seven continents in seven days'，暗示完成即成功 → 得出答案I
44. 定位题干关键词 'more about how to triumph over the extreme cold' → 在段落C中找到直接对应 'less about the result than overcoming his aversion to the cold' → 得出答案C
45. 定位题干关键词 'raise a lot of money' 和 'wife's support' → 在提供的语篇段落（A-E）中均未找到相关信息 → 结合段落E中提及的赛事（世界马拉松挑战赛）和Wardian的背景进行推理 → 得出答案G（可能指代语篇中未详细展开的段落）

考点：细节定位　同义替换　数字信息匹配　推理判断　语义推理

43. 【答案】I

36. 定位题干关键词 'extraordinary challenges' → 在段落E中找到 'diverse and unique challenges' 与 'pushing his limits' → 同义替换得出答案
37. 定位题干关键词 'worthy cause' → 在段落I中找到 'raise money for charity' → 同义替换得出答案
38. 定位题干关键词 'over thirty other runners' 和 'week-long' → 在段落D中找到 'joining 32 other adventure seekers' 和 'seven marathons... in seven days' → 数字与时间信息匹配得出答案
39. 定位题干关键词 'Over-exertion' 和 'lower one's body temperature' → 在段落A中找到 'Too much effort' 和 'increase the risk of hypothermia' → 同义替换（过度用力=过度用力，体温过低=体温降至危险点）得出答案
40. 定位题干关键词 'race director' 和 'sense of adventure' → 在段落F中找到 'race director' 和 'adventurous spirit' → 同义替换得出答案

41. 定位题干关键词 'determined to make it happen' → 在段落E中找到同义表述 'pushing his limits' 和 'seeking tough courses' → 得出答案K
42. 定位题干关键词 'quit his running career' 和 'physical condition' → 在语篇中未找到直接对应信息 → 结合段落E中提及的Daniel Cartica（美国海军陆战队上尉）和Wardian的精英身份进行推理 → 得出答案H（可能指代其他未在提供段落中详述的人物）
43. 定位题干关键词 'completing the race will be a success in itself' → 在段落D中找到对应信息 'participants travel through different time zones and climates to run seven marathons on seven continents in seven days'，暗示完成即成功 → 得出答案I
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45. 定位题干关键词 'raise a lot of money' 和 'wife's support' → 在提供的语篇段落（A-E）中均未找到相关信息 → 结合段落E中提及的赛事（世界马拉松挑战赛）和Wardian的背景进行推理 → 得出答案G（可能指代语篇中未详细展开的段落）

考点：细节定位　同义替换　数字信息匹配　推理判断　语义推理

44. 【答案】C

36. 定位题干关键词 'extraordinary challenges' → 在段落E中找到 'diverse and unique challenges' 与 'pushing his limits' → 同义替换得出答案
37. 定位题干关键词 'worthy cause' → 在段落I中找到 'raise money for charity' → 同义替换得出答案
38. 定位题干关键词 'over thirty other runners' 和 'week-long' → 在段落D中找到 'joining 32 other adventure seekers' 和 'seven marathons... in seven days' → 数字与时间信息匹配得出答案
39. 定位题干关键词 'Over-exertion' 和 'lower one's body temperature' → 在段落A中找到 'Too much effort' 和 'increase the risk of hypothermia' → 同义替换（过度用力=过度用力，体温过低=体温降至危险点）得出答案
40. 定位题干关键词 'race director' 和 'sense of adventure' → 在段落F中找到 'race director' 和 'adventurous spirit' → 同义替换得出答案
41. 定位题干关键词 'determined to make it happen' → 在段落E中找到同义表述 'pushing his limits' 和 'seeking tough courses' → 得出答案K
42. 定位题干关键词 'quit his running career' 和 'physical condition' → 在语篇中未找到直接对应信息 → 结合段落E中提及的Daniel Cartica（美国海军陆战队上尉）和Wardian的精英身份进行推理 → 得出答案H（可能指代其他未在提供段落中详述的人物）
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45. 定位题干关键词 'raise a lot of money' 和 'wife's support' → 在提供的语篇段落（A-E）中均未找到相关信息 → 结合段落E中提及的赛事（世界马拉松挑战赛）和Wardian的背景进行推理 → 得出答案G（可能指代语篇中未详细展开的段落）

考点：细节定位　同义替换　数字信息匹配　推理判断　语义推理

45. 【答案】G

36. 定位题干关键词 'extraordinary challenges' → 在段落E中找到 'diverse and unique challenges' 与 'pushing his limits' → 同义替换得出答案
37. 定位题干关键词 'worthy cause' → 在段落I中找到 'raise money for charity' → 同义替换得出答案
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seekers' 和 'seven marathons... in seven days' → 数字与时间信息匹配得出答案
39. 定位题干关键词 'Over-exertion' 和 'lower one's body temperature' → 在段落A中找到 'Too much effort' 和 'increase the risk of hypothermia' → 同义替换（过度用力=过度用力，体温过低=体温降至危险点）得出答案
40. 定位题干关键词 'race director' 和 'sense of adventure' → 在段落F中找到 'race director' 和 'adventurous spirit' → 同义替换得出答案
41. 定位题干关键词 'determined to make it happen' → 在段落E中找到同义表述 'pushing his limits' 和 'seeking tough courses' → 得出答案K
42. 定位题干关键词 'quit his running career' 和 'physical condition' → 在语篇中未找到直接对应信息 → 结合段落E中提及的Daniel Cartica（美国海军陆战队上尉）和Wardian的精英身份进行推理 → 得出答案H（可能指代其他未在提供段落中详述的人物）
43. 定位题干关键词 'completing the race will be a success in itself' → 在段落D中找到对应信息 'participants travel through different time zones and climates to run seven marathons on seven continents in seven days'，暗示完成即成功 → 得出答案I
44. 定位题干关键词 'more about how to triumph over the extreme cold' → 在段落C中找到直接对应 'less about the result than overcoming his aversion to the cold' → 得出答案C
45. 定位题干关键词 'raise a lot of money' 和 'wife's support' → 在提供的语篇段落（A-E）中均未找到相关信息 → 结合段落E中提及的赛事（世界马拉松挑战赛）和Wardian的背景进行推理 → 得出答案G（可能指代语篇中未详细展开的段落）

考点：细节定位　同义替换　数字信息匹配　推理判断　语义推理

46. 【答案】A
定位题干关键词 → 识别原文对 ‘work-related self-esteem’ 的定性描述 → 同义替换得出答案

考点：近义词辨析　细节定位

47. 【答案】B
定位题干关键词 → 在原文中寻找员工行为描述 → 匹配 ‘extend themselves to such a degree that there's a subsequent adverse effect on their well-being’ → 同义替换

考点：细节定位　同义改写

48. 【答案】B
定位题干关键词 → 在原文中寻找对这类人群的描述 → 匹配 ‘impacting their ability to make the most of their personal life’ → 同义替换

考点：细节定位　同义改写

49. 【答案】A
定位题干关键词 ‘good news’ → 在原文中寻找转折或积极信息 → 匹配 ‘the news isn't all bad... several positive outcomes... motivated by the excitement of purs…’ → 推断积极结果

考点：细节定位　推理判断

50. 【答案】D
定位最后一段 → 综合段落信息（积极结果、动机来源） → 推断作者对动机与工作感受关系的总结性观点

考点：推理判断　主旨概括

51. 【答案】B
定位首段核心发现 → 提取 ‘outpacing the planet's ability to absorb the damage’ → 同义替换为 ‘doing more damage than it can cope with’

考点：细节定位与捕捉　同义改写

52. 【答案】C

定位‘Water scarcity is the curse...’段落→提取‘little prospect... without radical action’→同义替换为‘hardly be relieved if no drastic measures are taken’

考点：细节定位与捕捉　同义改写

53. 【答案】A

定位Achim Steiner的直接引语→提取‘the state of the world's environment will continue to decline’→同义替换为‘It will deteriorate worldwide’

考点：细节定位与捕捉　同义改写

54. 【答案】C

定位‘Climate change is aggravated by... fertilisers used in agriculture’→推理农业增产（boost crop yields）与温室气体排放（greenhouse gas emissions）的关联→得出发展中国家面临的困境

考点：推理判断　逻辑衔接

55. 【答案】D

综合全文核心观点（环境破坏需根本性行动）→推断发展中国家未来发展的方向→匹配‘improve livelihood without harming environment’

考点：主旨大意　推理判断

56. 【答案】With the application of information…

围绕给定主题句展开论述，构建清晰的三段式结构（引言-主体-结论），并运用多样化的句式和恰当的词汇进行论证。

考点：谋篇布局　句式变化与复杂句构建　语境选词

57. 【答案】Located in the southwest of China, the…

将中文长句拆解为多个英文简单句与复合句，并运用准确的动词搭配与定语从句进行衔接。

考点：take on the name of　which is known as　with an area of　over 4,000 meters above sea level　the source of